

PTS RECOVERY PLANS

BASIC PLAN \$199

Comprehensive movement evaluation
Recovery plan recommendations
Hands-on treatment
Customized exercise instruction
Educational material for home strategies

COMPLETE PLAN \$699

Comprehensive movement evaluation
Recovery plan recommendations
Hands-on treatment
Customized exercise instruction
Application of therapeutic modalities
Educational material for home strategies
Access to online exercise library
Includes 6 follow up visits
Recommendations for tissue support supplementation

ULTIMATE PLAN \$799

Comprehensive Movement evaluation
Recovery plan recommendations
Hands-on treatment
Customized exercise instruction
Application of therapeutic modalities
Educational material for home strategies
Access to online exercise library
Includes 10 follow up visits
Recommendations for tissue support supplementation